

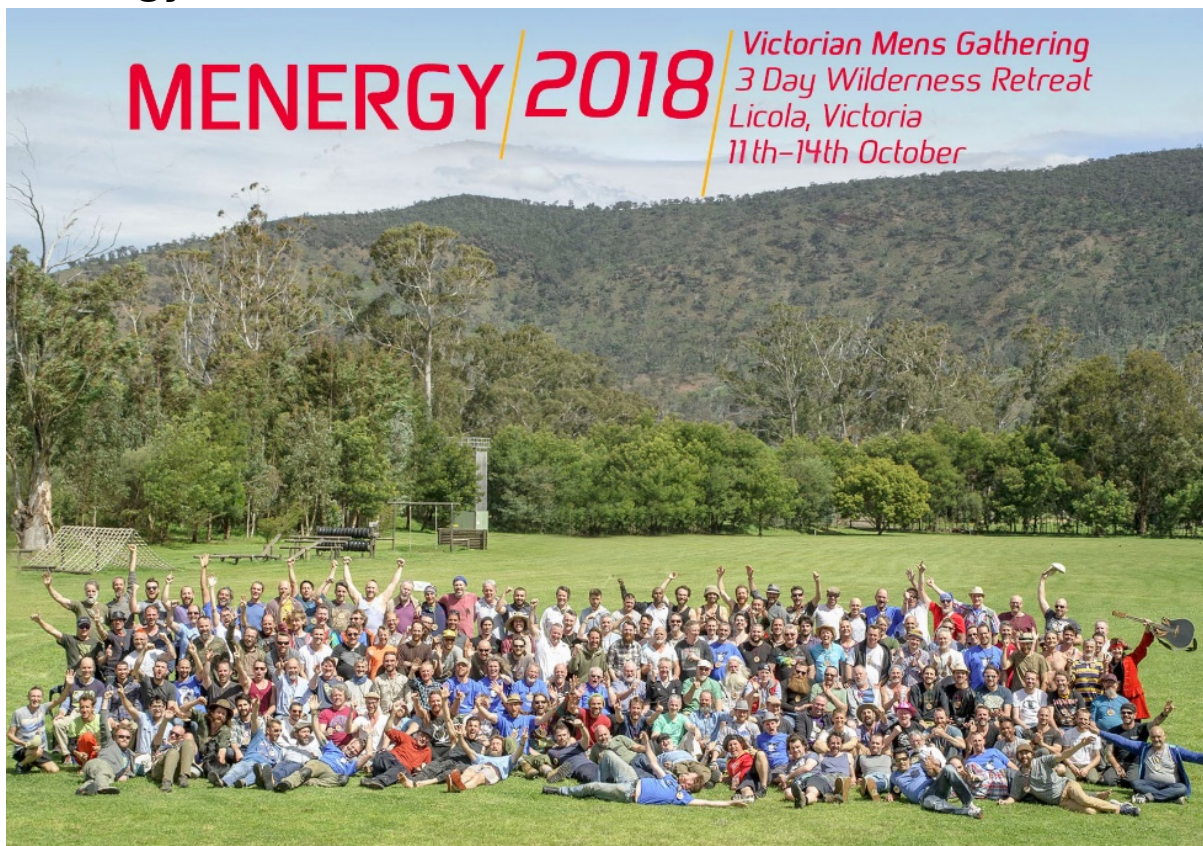
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What's Happening in Men's Work in September 2018

Hi, and welcome to Cecil's Hub ~ The Virtual Men's Gathering Monthly Newsletter giving you details of what's happening within Men's Work in the near future.

Menergy 2018



Buy your Tickets for Menergy 2018 - 'Journey of the Heart'

It has been said that ones journey from head to heart may be the longest and most challenging you will ever endure.

Once arrived, the journey of the heart is one that will open you to your vulnerabilities and your beauty, while equally illuminating the magic that exists in this world.

A true journey of ones heart will open you up to manifesting possibilities that you never knew to be possible. A true relationship with one's heart will allow for authenticity in relating to yourself, a beloved, parents, children, family and friends.

The journey of the heart involves a lifelong commitment to yourself and your tribe. It will foster connection beyond imagination.

A true journey of the heart will support one in his/her endeavours - a change in relationships; parenting; career; personal healthcare, deepening spiritual practice and supporting the growth of the people around you.

Menergy 2018 will be a 'Journey of the Heart'

Men, do yourself a favour and get amongst this epic weekend!

Menergy 2018 dates are Thursday 11th – Sunday 14th October.

<https://www.facebook.com/events/220706718523596/>

The super early bird tickets are on sale now.

<https://www.ivvy.com.au/event/MG18/>

Men's Open Group in Fitzroy



Date: September 4, 2018 @ 6:45 pm – 9:30 pm

Where: Dance of Life Centre of Yoga and Healing. 250 George St, Fitzroy VIC 3065

The ManKind Project (MKP) helps men join together and create communities which foster peace, safety and accountability by unlocking the strength and power of healthy adult masculinity.

This group is open for all men to come along and take a fresh look at their own life in a safe and confidential way with other men on their journey. There is requirement to attend any MKP trainings beforehand.

The purpose of this group is to create a safe place for men to find support and solutions for the challenges they face in becoming better fathers, son's, husbands, professionals, partners and men. The processes followed are based on the format for Mankind Project 'igroups' which are run around the world.

Requirements for attendance:

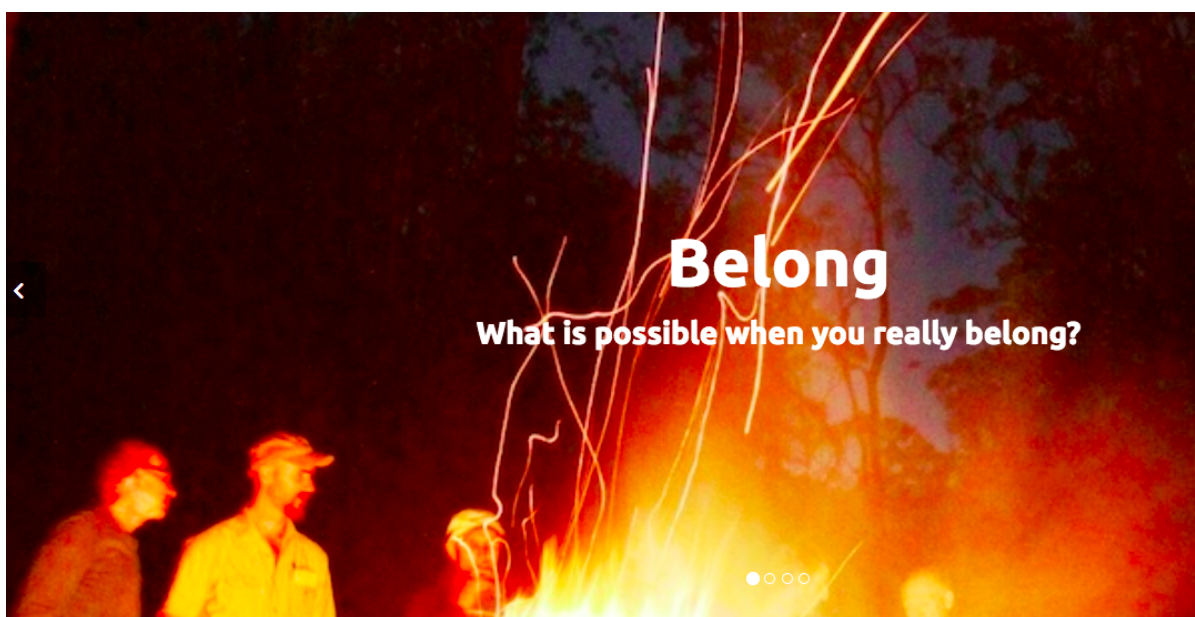
- **No prior experience necessary.**
- **No requirement to read any book beforehand.**
- **No requirement to be initiated in to any group.**
- **No requirement to apart of any religious group.**
- **Open to men of any age, from any cultural background, any sexual orientation, any religion or belief system.**
- **No on going commitment to attend.**
- **However, we ask that you to do not share any man's story outside the group.**

\$10 donation requested to cover venue hire if you can.

Arrive prompt at 6.45pm for a 7.00pm start till 9.30pm

[For more Information](#)

Man Alive



Date: September 7, 2018 @ 3:00 pm – September 9, 2018 @ 3:00 pm

Where: Fitzroy Falls, NSW 2577, Australia

- What is possible when men fully belong?
- We all need to belong to something.

A strong sense of belonging is fundamental to our well-being and our ability to show up for ourselves, our families and communities. It creates a foundation on which to build a fulfilling life.

Belonging helps build purpose, self-esteem and connection – it lets us know that we are not alone and that others have our back. It helps us feel settled and “at home”.

You are invited to join us at Man Alive 2018, where we will be exploring and experiencing what it means to be truly at home in the world.

The weekend will include fun, conversations, experiential learning, physical activity, personal story – and an opportunity for you to bring your own questions and wisdom to share. Our intention is to co-create with you a safe and enjoyable weekend where men can be authentic and learn together.

This journey of exploration is an ancient one. For thousands of years, men have gathered to seek answers to the fundamental questions – so they may return with wisdom and insight for the betterment of their own lives, their families and communities.

Maybe you want to deepen your sense of belonging. Maybe you don't know what

that means for you. If you want a better way to define yourself and live your life join us at Man Alive 2018 and explore what is possible

[For more information](#)

Relating to Connect – 2 Day NVC Foundation Training



Date: September 8, 2018 @ 10:00 am – September 9, 2018 @ 5:00 pm

Where: The Habitat Centre for Spirituality, 2 Minona Street, Hawthorn VIC 3122

The focus of the Relating to Connect program is to explore the application of NVC to your life situation, whether it is with a relationship partner, your child, family member, or a work colleague.

It offers a very exciting opportunity to learn something that is truly effective and has the capacity to transform your relationships. I can say that with all honesty, as that has been my experience. My journey with NVC has softened my hard edges, taught me how to truly connect with others, how to see the other's point of view, how to deal with day to day communication challenges in my relationships at a very practical level and supported me to stand in my leadership in important moments.

- Come and join me at the training!
- Program will start at 10.00am and finish at 5.00pm both days.

This program will be facilitated by myself, Alistair McKinnon, Certified Trainer with the Centre for Nonviolent Communication (CNVC) the governing body in America.

- I've been teaching this program since 2013.

- I am also an accredited NVC coach with EmbodyingNVC, Australia.

This training is the Foundation Level of learning and applying NVC with yourself and others. After the training, there will be on-going options offered to you, to support you to deepen your learning and practice.

[For more information](#)

BedRock



Men's Groups Men's Gatherings

Bed Rock

Date: September 14, 2018 @ 6:00 pm – September 16, 2018 @ 2:00 pm

Where: Mount Byron, QLD 4312, Australia

Bedrock is a smaller, more intimate, and unique Men's Wellbeing gathering held annually at The Rock, limited to just 50 men. Sponsored by our Elders, the weekend flows with ease and grace by being less structured than our larger gatherings. This also means more opportunities to connect at a deeper level to the land, to the gathered community, and to ourselves.

In 2018 BedRock is the weekend 14-16 September. The Gathering begins at 6PM on Friday (you are welcome to arrive earlier, and should if you will be setting up your own camp).

The Gathering runs until 2PM Sunday.

BedRock is the perfect place for men who have already experienced men's work through Common Ground programme, attending Gatherings, have done some inner Personal Development and are seeking to explore a deeper understanding and experience of eldership, particularly in the realm of Men's work! All are welcome, but note the format of Bedrock is to support men's transition to Eldership.

[For more information:](#)



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