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What's Happening in Men's Work in November 2018

What a Month November is going to be!

The Village Continuum 2018



Date: November 2, 2018 @ 4:00 pm – November 5, 2018 @ 4:00 pm

Where: Trentham VIC 3458

Cost: \$60-\$390

Contact: Lars at The Village Continuum

Website: thevillagecontinuum.com.au/

Australia's premier weekend of traditional crafts, nature skills and tools for

well-being.

"It's where we come to connect with one another."

Your Village Continuum Festival Experience:

- Connect & Surround Yourself with Inspiring Humans
- Relax into our beautiful Village setting surrounded by lush nature
- Expand your Mind & Heart through a wide range of Workshops
- Learn from Expert Presenters and In-Depth Discussions
- Make a fresh start with Practical Life-Changing Classes
- Be touched by Performances and Concerts
- Enjoy 9 organic meals included in your ticket
- Soak up Nature pure, the Village vibe and Installations & Art
- Take part in a Long Weekend that may Change the Course of your Life!

TICKET PRICES FOR our 2018 Village Continuum

- ***Youngsters (7-17 yo) \$280 Gate price***
- ***Adults (18+) \$390 Gate Price***
- ***Family (2 adults, 2 children) \$1150 Gate Price***
- ***Day Tickets (no camping) \$125 (Youngsters), \$190 Adults***

Find all prices including Single Parents, etc. on the link below. Children under 4 are free.

See you there!

West Australian Men's Gathering



Date: November 2, 2018 @ 3:00 pm – November 4, 2018 @ 3:00 pm

Where: Point Walter, Bicton WA 6157

Cost: \$350

At this year's WA Men's Gathering we will explore these questions:

- **Do we see our lives as a journey through the complexity of a Maze?**
- **Where do we go for Validation?**
- **Do we see our manhood as a Gift?**

Join us at Point Walter in November for this exceptional Gathering. Regular updates about our theme and plans are posted on our [Facebook](#) page and will be emailed to you once you have registered. As we expect to be oversubscribed make your early reservation for a guaranteed place at the Gathering.

Shamanic Testicle and Ovarian Activation



Date: November 3, 2018 @ 7:00 pm – 10:00 pm

Where: Dance of Life Studio, 250 George St, Fitzroy VIC 3065

Cost: \$55

Contact: Freya Vajra <https://www.fiercemystic.com/>

[Tickets:](#)

A workshop for all bodies!

Within us, we hold the seeds of our ancestry. We hold both the unlearnt lessons and the un-accessed gifts.

We hold every seed of potential that we could realise in our lives: through creative pursuits and expression, or literally, through the fertility and juiciness of our bodies (babies).

That which we don't transform we will (unconsciously) pass down to our children, or channel into our work. But that which we ACTIVATE will become our legacy and gift to those around, and after us.

What latent gifts would you wish to activate in your life?

- In this workshop, you have the opportunity to:
- Journey deep into the ancestral memory bank of your body.
- Free yourself and discover your legacy.
- Activate your fertile potency for the pleasure, creative impulse, or the re-productivity of it.

You can arrive simply open to the experience, and let the mystery take you. OR you may choose to explore ONE theme throughout this journey.

This theme could be any of these (or something completely different. These are just some ideas to get you started)

- Love
- Sex
- Creativity
- Birth/Fertility
- Money
- Purpose
- Spirituality
- Health

Despite what we are taught in our individualist culture, our ancestry plays a huge role in who we are. We were not only held and shaped without our mother's body. But also within our grandmother's... we were a formed ovum within our mother's fetus body as she grew in our grandmother's womb. We are Russian dolls of ancestry!

Epigenetics (the study of heritable phenotype changes that do not involve alterations in the DNA sequence) is discovering that psychological traits, molded through DNA function, can be both inherited and SHIFTED within one lifetime. Which means that you have the power to affect change in your life, on a DNA level. And not just in a new age woo-woo way, but for real!

If you could choose to release something you're carrying from your family and switch on a gift you feel you never got...

See more at : https://cecilshub.com/event/shamanic-testicle-and-ovarian-activation/?instance_id=91

Rage Club – A journey for Men



Dates: November 5, 2018 @ 7:00 pm – 10:00 pm

November 12, 2018 @ 7:00 pm – 10:00 pm

November 19, 2018 @ 7:00 pm – 10:00 pm

November 26, 2018 @ 7:00 pm – 10:00 pm

December 3, 2018 @ 7:00 pm – 10:00 pm

Where: The Lighthouse Private Property, Wattle Glen VIC 3096, further details after registration,

Cost: \$300 for 6 weeks

Contact: Gero von Aderkas & Wayne Starkey

Website: <https://possibilitymanagement.org/>

Men! Brothers!

It is time to release your inner Warrior from the Shadows.

For too long the Energy of Anger has been misdirected, abused, diminished and feared. As a result, its gifts and purpose have been hampered and clarity, decisiveness, empowered actions, boundaries and respect are lacking in our community.

You are invited to come on a 6-week journey with a group of up to 12 people who identify as male. We set out with the intention to change the individual, associated internal story around the Energy of Anger from foe to friend and dare to experience the depth of our benevolent power.

We will meet on Monday nights, starting on the 29th of October at 7 pm sharp and conclude at 10 pm. Every week we explore and embody the Energy of Anger through our physical, mental and emotional bodies while staying present with what arises in the process. The journey concludes on 3rd December 2018.

Gero von Aderkas and Wayne Starkey are space-holders for this Rage Club journey and have both been involved with Men's Work for many years.

The origin of Rage Club lies in the lineage of Possibility Management, a body of work developed in Germany – you can read more here:

<https://possibilitymanagement.org>

Please get in touch if you have any questions or follow your YES and book your place.

Gero on 0401 357 752 Wayne on 0487 846 420

ManHood



When: November 9, 2018 @ 4:00 pm – November 11, 2018 @ 4:00 pm

Where: Numinbah Valley, Gold Coast Hinterland, 2524 Nerang Murwillumbah Rd, Numinbah Valley QLD

Website: <http://manhood.org.au/>

Traditional Wooden Longbow Making ~ Sydney



Date: November 10, 2018 @ 10:00 am – 5:00 pm

Where: Sydney NSW

Cost: \$350

Contact: Lars ~ Narrative Yoga +61402322200

Website: <http://narrativeyoga.com.au/>

Tapping into the wisdom of your ancestors

Awareness: Connection

Focus

1-day workshop: Saturday 10th November 2018

Make a Traditional Wooden Longbow with world renown Archer, Yoga Teacher, & Holistic Life Coach Lars Richter.

All experience levels welcome.

Lars is passionate about making traditional skills accessible to everyone with an interest, and in the practical application of these tools in our 'day to day' life. A bow can be used not just as a sport or a tool to hunt for food, but as a discipline, meditation, or spiritual practice as in the popular 1930s book on Zen Buddhism, Zen in the Art of Archery. Our most celebrated quote is, "In the case of archery, the hitter and the hit are no longer two opposing objects, but are one reality." It points to the

experience others have since described as “flow” or being “in the zone”.

This workshop offers much more than making a longbow. By focusing on moving from within, & observing your mind and energy flow, Lars will show you ways to reconnect; ground with the Earth & get in touch with your true self, by exploring the art of making a longbow and learning the skills to use it. This can be a truly awakening and life-changing experience.

Lars has been teaching longbow making and other traditional skills to both children and adults in Victoria, interstate and overseas for more than 4 years, and has helped many people make significant changes in their life.

Offering his knowledge and experience as a Holistic Life Coach through his business ‘Narrative Yoga’, Lars has studied Yoga, Qi-Gong and similar energy work practices since 1996. He has been teaching Yoga and Meditation in Germany since 2001 and running workshops overseas since living in Australia. He holds a diploma in

Transpersonal Counselling and has extensive knowledge and experience in wholesome living.

YOUR LEARNING:

You will come away from the workshop with your own Wooden Longbow, as well as the knowledge & skills to make many more. You will learn how to make a bowstring that perfectly complements your own bow, & understands the art of tillering (the process of carefully removing wood to cause the bows to bend in optimal arcs). You will learn how to tiller your bows to precise measurements of draw length and draw weight so that they are suited to your individual needs. After the bow is functionally finished, the bow is brought to an aesthetically pleasing finish with fine sanding and oiling.

BONUS:

During the afternoon of the second day, the bows will be ready for students to learn the Art of Archery. You will receive an introduction to the instinctive shooting method that has inspired others to call Lars the “Bruce Lee of Archery”. This method is a powerful tool you can be applied beneficially in many daily life situations.

BOOKINGS AND COMPANY INFORMATION

Narrative Yoga PO Box 2101 Grovedale East Vic 3216

Book now or call Lars Richter: +61402322200 if you have any questions.

You can also use the contact form on www.narrativeyoga.com.au

Traditional Wooden Longbow Making ~ Bellingen



Date: November 14, 2018 @ 10:00 am – 5:00 pm

Where: Bellingen NSW 2454

All of the above details at a different location

2018 National Men's Health Gathering



Date: November 12, 2018 @ 9:00 am – November 14, 2018 @ 10:00 am

Where: Novotel Sydney Parramatta, 350 Church St, Parramatta NSW 2150

Website: <http://menshealthgathering.org.au/>

The Australian Men's Health Gathering is a world-leading event that has been connecting people who are committed to improving the lives of men and boys, for over 20 years.

Australia is one of the World's healthiest societies, yet men of all backgrounds have less chance of living healthy lives: we die younger; experience more disease and have less access to support services.

Research shows that the best way to improve male health is to tackle the underlying social factors like boys' education; our experiences of fatherhood; our working lives; our social connections and our access to male-friendly services.

This year's Gathering combines the 12th National Men's Health Conference (first held in 1995) and the 9th National Aboriginal & Torres Strait Islander Male Health Convention.

Everyman Men's Gathering



Date: November 16, 2018 @ 6:00 pm – November 18, 2018 @ 4:00 pm

Where: Camp Eureka, 100 Tarrango Rd, Yarra Junction VIC 3797

Cost: \$20

Contact: Pete

Website: <http://everymangathering.net.au/>

You are invited to a camping weekend inspired by the Menergy gatherings. The intention for Everyman gatherings is to co-create a space where men can connect with each other and the land beneath and around them. We see men of heart gathering to relax in the company of like-minded men.

RESPONSIBILITY

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect. Support and challenge one another towards greater self-empowerment, self-awareness and self-responsibility. Nurture a deeper respect and connection to nature and each other. In order to foster a culture of self-responsibility, empowerment and connection through co-creation, a minimalist approach to infrastructure and predetermined content is being implemented.

The greater vision is that, through the growth and increased frequency of these gatherings, a positive cultural shift in the wellbeing of men can be realised.

A core part of our intention is that the men who gather “are the gathering”. This means that every man is responsible for his own experience. What each man offers or requests for himself collectively creates the content for the gathering as it is unfolding. Synchronously this ensures diversity, simplicity, lowers costs and increases the frequency and accessibility of these gatherings.

For more information, visit <http://everymangathering.net.au/>

Tre360: Rhythm, Relationships and Developmental Trauma (Melbourne)



Date: November 17, 2018 @ 9:00 am – November 18, 2018 @ 5:00 pm

Where: Greensborough Masonic Centre, 23 Ester St, Greensborough VIC 3088

Cost: \$595

Contact: Fernando Henrique Rezende Aguiar <http://treaustralia.com.au/>

Adding to TRE

In TRE, we learn how to tap into neurogenic movement for our individual self-care – it's simple & profound, but there's much more available through neurogenic movement than just shaking on our own. In these workshops, we step into the power of relationships & the potentiality of group flow to connect with our authentic safe self and move beyond the limitations of our developmental trauma. These workshops provide a once a year opportunity to expand your experience of neurogenic movement to literally be moved from a deeper place within you.

Developmental trauma

Developmental trauma is pervasive – it helps form our identity as well as the limitations many of us experience in our lives. While shaking may help to restore us to a calm, relaxed state, many people give up TRE when we bump into these deep developmental patterns and find shaking alone hasn't healed everything we were hoping for. It is only in relationship that we grow our capacity to remain open-hearted, fully embodied and safe & secure in the presence of others. To heal developmental trauma and move beyond our limitations, we need to move together.

Flow states

Flow States are those rare times when we are opened into a spontaneous unity between who we are, what we are doing & the world around us. Research over the last 50 years has discovered there is a significant difference between experiencing flow alone & experiencing it with others. Solitary flow is when we experience flow alone. Co-active flow is when we enter into flow in close proximity to others but are still basically alone – this is what we do during TRE workshops. The most enjoyable, profound & transformative flow states however occur during interactive flow when people are actively engaged with each other as part of the flow experience itself. Using neurogenic movement to enter these collective group flow states is what we call neurogenic flow and it's a totally new experience in the TRE world.

More details and registration: www.treaustralia.com.au/advanced-tre-workshop-2018/

Tre360: Rhythm, Relationships and Developmental Trauma (Sydney)

Date: November 24, 2018 @ 9:30 am – November 25, 2018 @ 5:15 pm

Where: Pat Brunton room, 2 Ernest Pl, Crows Nest NSW 2065

Cost: Early-bird – \$495 – registration & payment completed before November 1st

Contact: Fernando Henrique Rezende Aguiar

<https://www.essentialpsychology.org/>

Click on the images below to book:





Reclaiming Anger #18



Date: November 23, 2018 @ 7:00 pm – November 25, 2018 @ 4:30 p,m

Where: Second Story Studios. 222 Johnston St, Collingwood VIC 3066

Cost: \$742

23rd-25th November & Integration evening Wednesday 28th November

Reclaiming Anger is a deep and exploratory workshop for a committed group of 12 people.

WATCH THE INTRO VIDEO including full event info and booking links here::

<http://www.theartofrelating.com.au/reclaiming-anger.html>

This work is for people who are ready to step up and take responsible action for their power and the life they want to create.

You can do this by reconnecting to the Archetypal energy of #Anger.

Anger has gained a negative reputation through millennia of social conditioning. The suppression of this energy has resulted in implosions and explosions that we have

come to fear as volatile, unpredictable and destructive.

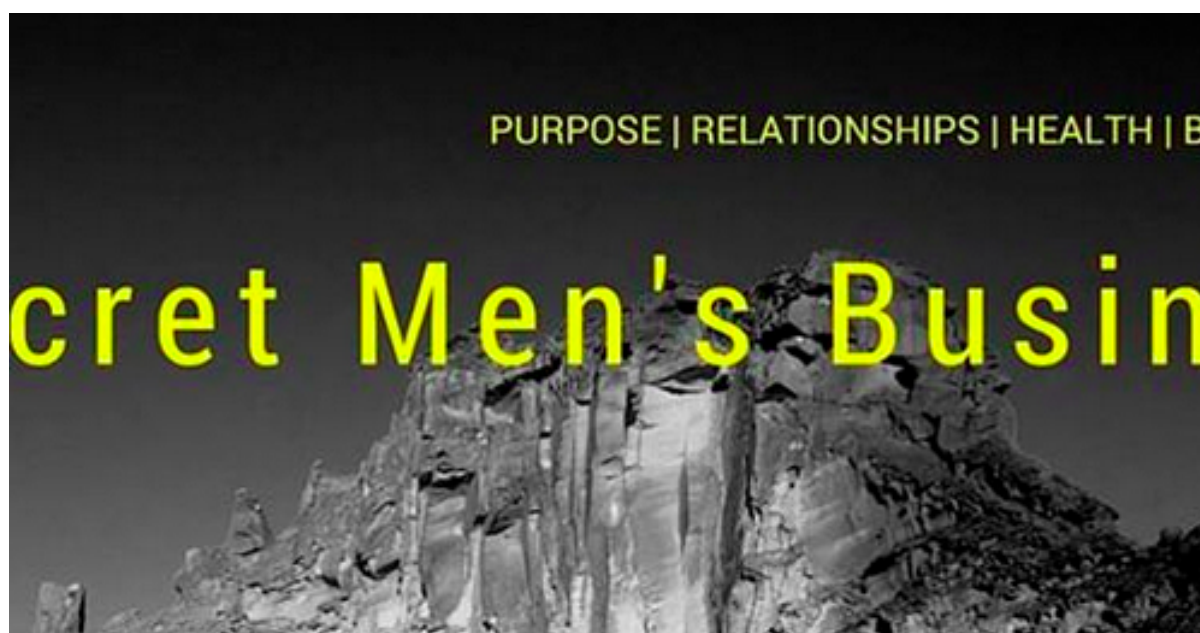
Anger is essentially neutral energy that can be directed in a number of ways.

Just like a hammer, Anger is a tool that can be used for destruction or to create safe and solid structures from which you can move with clarity, purpose and passion.

Since our inception in 2013 as The Art of Relating we have built a solid reputation around our unique approach to working with Anger. Our intention is to create a safe and transformational space where you can redefine your relationship with the energy of Anger from foe to friend and contribute to your personal empowerment. This is needed now more than ever.

See more details [here](#):

Secret Men's Business – Men's Circle



Date: November 25, 2018 @ 6:30 pm – 9:30 pm

Where: The Leela Centre, L2/113-115 Oxford St, Darlinghurst NSW 2010

Cost: \$25

Website: <https://www.facebook.com/SecretMensBusinessGlobal/>

‘Develop a deeper connection to yourself, your Purpose, Power & Expression as a Man.’

If you are a Man reading this, you're invited to this powerful evening of sitting in

circle sharing, connecting and learning together.

The intention of this Circle is to grow and develop a deeper connection to ourselves, our purpose, power and expression as Men. The evening will also provide a great opportunity to build and develop healthy relationships with other Men & improve our overall quality of relating. (Research is showing that lack of connection is one of the key reasons Men are suffering from high levels of depression and suicide).

The evening will include a meditation, sitting in a circle and sharing our truth as well as simple yet powerful process work that will be born from the themes and challenges that come up for the group.

Some of the topics that may be covered will be Health and Wellness, Business and Success, Dating and Sex, Leadership and Purpose, Relationships and Community, Spirituality and Self-awareness.

The Circle is Open to 20 Men Only

Cost: \$25 Online or \$35 cash on the night

Pathways Foundation Leadership Program



Date: November 29, 2018 @ 6:00 pm – December 3, 2018 @ 4:00 pm

Where: Kangaroo Valley NSW 2577

Cost: The total cost of the four day training, inclusive of food and accommodation is \$1350.00.

Our unique Leadership Development program provides you with skills, experience and ongoing mentoring in a safe, supportive environment as well as the opportunity for you to be remunerated for your contribution.

Leadership training begins with an initial four day residential program where distractions and worries are left behind. This unique Leadership program is part skills & theory based, part experiential and part personal development.

Leader candidates are taken out of their ordinary lives which opens them to new experiences, new ways of being and an innovative and effective leadership model. This part of the training is a stand alone process and whilst there are many similarities between our Men's Leadership program and our Women's Leadership program there are important differences too.

Our men's Leadership Training program provides opportunities for ongoing mentoring and leadership experience through our Pathways to Manhood and **YoungSTARS** programs.

Graduation and the number of camps required to achieve this depends on the individual. As a Pathways Leader you will be remunerated for Leading programs.

<http://pathwaysfoundation.org.au/>

Thanks for reading, we will catch up with you next month,

Cecil



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