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What's Happening in Men's Work in July?

Hi All,

I hope you are all doing well and enjoying the 'Cold', even me 'A Pom' am starting to notice it, I must be getting 'acclimatised'.

Cecil's Hub ~ Men's Groups Worldwide Directory

Hey Men,

Did you know that my [Cecil's Hub ~ Men's Groups Worldwide Directory](#) is ready and available, please visit to see how this platform can help change Men's lives and Men's Groups to connect on a regular basis.

The Directory (***over 400 Men's Groups already***) will initially cover ***Australia*** with Groups from ***London, UK, Ireland, Canada, Singapore, and now North America.***

* Some of the Groups are under a '***Claims Listing***', this will enable existing Men's Groups that find their Group to 'Claim' it as their own as a '***FREE***' Basic Group or upgrade to a 'Paid' Plan & gain extra benefits/features.

What's Available?

The Directory will allow Men to search for their nearest Men's Group to their location **FREE** of charge!

It will enable any existing **Men's Groups Worldwide** to register a **FREE** to join and get a '**Basic**' listing, they get listed in seconds, this will give them a low priority '**GoogleMaps @ Pin**' search result, and this will be under 1 particular Association.

Some Men when searching for a **Men's Group**, have heard of a particular **Men's Group** type or Association. It's for this reason that I have created Categories for each of the Common ones to be used in the Search Bar, this will 'Auto-Fill' as the user types.

Currently, there are **13 Associations** that each **Men's Group** can be listed under, depending on their style of facilitation/origin that they follow.

These include:-

- **Australian Men's Shed Association**
- **Complete Men**
- **Canadian Men's Shed Association**
- **Individual Group**
- **Mankind Project (MKP) - Australia/UK/Canada**
- **Men's Wellbeing ~ Common Ground Trained**
- **Melbourne Men's Groups**
- **Menergy Men's Group Network**
- **MensSpeak Men's Groups (UK)**
- **Men's Team**
- **OM:NI (Older Men:New Ideas)**
- **The Male Journey Ltd**
- **UK/Ireland Men's Shed Association**

Please read the full version of the launch document [here](#).

Community FORUM – Rebirth



Date: June 4, 2019 @ 6:30 pm – 10:00 pm Australia/Melbourne Timezone

Where: Second Story Studios, 222 Johnston St, Collingwood VIC 3066

Cost: Free - \$22

Contact: Gero and Stacia

[Email](#)

[Event website](#)

Community FORUM is a monthly space to connect and explore the possibilities of what it means to be human; alone and together.

Through the inspiration of community members and with support from The Art of Relating and Second Story Studios, Community Forum continues as monthly social events where humans can gather, be present, speak, express freely and be heard.

Each month (on the first Tuesday) we will begin with 20-30mins of interactive stimulus as a catalyst for the Forum (more information on the ZEGG Forum process in details below).

The stimulus may be a panel Q&A, video clip, poetry, presentation etc. along with the discussion.

- 6:30pm – 1st Arrival *, grab a cuppa, chat, connect
- 6:50pm – Stimulus 7:20pm – Break & 2nd Arrival *
- 7:30pm – Forum (including 10min break) 9:30pm – Harvest & monthly intention

- **10pm – Close**

* There will be two arrival times. 1st between 6:30 & 6:50 pm when doors will close for the Stimulus 2nd at the break between 7:20 & 7:30 pm when doors will be locked for the evening.

[Read More...](#)

Masculinity, Sexuality & Pleasure – Workshop for Men



When: July 6, 2019 @ 6:30 pm – 8:30 pm

Where: Mark Street Hall, 1 Mark St, Fitzroy North VIC 3068

Cost: \$10.76

Contact: [Kāma Wellness](#)

[Event website](#)

Workshop for men only

Studies have found that a majority of men of all sexual identities and orientations think sex plays an important role in regulating their emotions and maintaining psychological wellbeing, as well as reporting that their sexual health is highly important to their quality of life. From these studies, it can be surmised that men consider sex, and by extension sexual health, to be an important contributing factor for a fulfilling life.

However, sex education is generally inadequate and many young men express anxiety about concealing sexual ignorance. For these men, this appears to manifest as detrimental sexual attitudes and behaviours in adult life. Surveys have found a majority of men believe they have one or more sexual dysfunctions. For example, over three quarters of men self-report that they experience premature ejaculation. However, only 6.3% of men are actually able to be clinically diagnosed with this sexual dysfunction. These surveys demonstrate the perceived high prevalence of male sexual dysfunction but also raise questions about men's perceptions of their sexual experience.

Because sex-specific gendered attitudes are important for sexual behaviours and beliefs, it can be inferred that men's current attitudes about their sexuality and pleasure are negatively impacting their sexual health, in turn effecting their overall quality of life. Men's dysfunctional sexual beliefs, sexual attitudes, and self-perceptions of sexual functioning are related to social context and exposure to certain models of masculinity.

[Read more ...](#)

Lingam Awakening – Nine Weeks of Activation



When: July 24, 2019 @ 7:00 pm – 10:30 pm

Where: Online

Cost: \$1200 - \$1600

Contact: Matt Small

[Event website](#)

LINGAM AWAKENING™ – NINE WEEKS OF ACTIVATION, ONLINE

A Tantric-Shamanic Empowerment Process For Men™

- Your orgasmic potential is vaster than we've been told.
- Your capacity for deep presence, embodied pleasure and potent leadership is boundless.

Your lingam can connect you to your whole being, to life, your lover, and reveal the divine in all.

Lingam Awakening™ is a ground-breaking transformative approach for men's intimacy and sexual empowerment that integrates ancient wisdom from many cultures with modern scientific knowledge guided by insights from practical experience.

This process will help you open to your depths, activate your embodied powers and instill practices for the unfolding of your Lingam Awakening journey.

Men can have whole body orgasms, be multi-orgasmic and experience long lasting orgasmic states.

Your orgasmic potential as a man is endless!

When the power within your lingam becomes more owned, anchored and filled with your loving consciousness, you will know, feel and access your true sexual power, desire and potential.

WHAT YOU'LL GET...

You will actualise your innate potentials to the degree you are ready and do the practices. Lingam Awakening is here to support you to:

- Claim your sexual power, potency and freedom
- Anchor and empower your Heart Lingam connection
- Activate the pillar of consciousness hidden within your lingam
- Awaken the intelligence, sensitivity and unique powers hidden within your lingam

- Become a better lover, having longer, deeper more connected sex
- Connect more deeply, sensitively and energetically with yourself and your lover
- Heal distorted sexual programming
- Learn techniques for healing erectile dysfunction and premature ejaculation
- Embody your unique erotic sex god within

WHAT YOU'LL EXPERIENCE...

Deep transformation from the inside out at a level appropriate for you.

You will be guided safely by trauma informed facilitation with your personal choice and wellbeing as the top priorities.

Each Lingam Awakening offering includes a unique mix of:

- Guided Meditations
- Emotional Integration
- Karmic Release
- Ritual Magick
- Embodied Activations
- Archetypal Empowerments, and
- Brotherhood Support.

[Read More ...](#)

MR.
PERFECT®

MENTAL HEALTH'S MATE

Free BBQ's at various locations by Mr Perfect

- [Benalla, Victoria](#)
- [Collaroy, Northern Beaches](#)
- [Barton, Canberra, ACT/](#)
- [Gungahlin, Canberra, ACT](#)

- [Central Coast](#)
- [Brisbane](#)
- [Central Sydney, Newlands Park](#)
- [Parramatta, Western Sydney, NSW](#)
- [Sydney, Cronulla](#)
- [Ferntree Gully](#)
- [Free BBQ, Geelong, VIC](#)
- [Wollstonecraft Sydney](#)
- [Caboolture, Sunshine Coast](#)
- [Warners Bay, Newcastle, NSW @ Warners Bay](#)
- [Windsor, NW Sydney *](#)

Mr Perfect holds **FREE** weekly “Meetup” BBQs in various locations across Australia.

They normally run from **10:30 - 12:30**, **please check the individual BBQ for exact details.**

If you are free for a couple of hours for a healthy BBQ (Meat and Vegetarian) come along and meet a bunch of top guys.

We will supply soft drink and water, but please bring your own preference if you wish.

The format is simple, informal and completely inclusive. It is a chance to get out of the house in the sun, socialise and meet some great people and form a supportive community.

Friends, family and pets welcome too!

Mental health is discussed at times and is purely optional.

Please contact Mr Perfect on **0406 641984** or [Email](#) or [Website](#)

Thanks for your time in reading this update, please visit my [Cecil's Hub ~ Worldwide Men's Group Directory](#), and [Cecil's Hub ~ The Virtual Men's Gathering](#) and share it with your Networks and encourage all Men and Men's Groups to get involved.

Thanks,

Cecil

E&OA



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