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Cecil's Hub - Worldwide Men's Groups Directory
The #1 Website To Find a Men's Group Locally

Welcome, -

Q Name or Keyword Ringwood, Maroondah Cit Search

Home Why a Men's Group How It Works Men's Group by Association Members Area Join Today Visit Cecil's Hub The Virtual Men's Gathering

Search The Online Men's Group Directory

Start Searching Here

What do you need: Q Name or Keyword

Search by location: Ringwood, Maroondah Cit

Search Now

What's Happening in Men's Work in November

Hi All,

Welcome to the latest edition of Cecil's Hub ~ The Virtual Men's Gathering and Worldwide Men's Group Directory.

What an incredibly busy Month, with 4 Men's Gatherings and a very important day on the 19th.



International Men's Day 2019 – Make it Count

When: 19 November 2019

To celebrate International Men's Day on 19 November 2019, we have developed a number of resources for people to share at work, with friends or publicly across social media channels.

These include a vast set of posters along multiple themes, that can be downloaded, printed out, or simply shared in a digital format.

They celebrate men and boys in all their diversity and ask that no one is forgotten as we take 24 hours on 19 November to Talk About Men.

<https://www.internationalmensday.info>



Danny Frawley's Final Mental Health Campaign

Danny Frawley's final mental health campaign revealed after his death. Danny made an impassioned plea for Australians to take mental health seriously in the months leading up to his tragic death.

The footy great bravely urged Aussies to "change the face of mental health forever" in a video filmed for charity One in Five for World Mental Health Awareness Week.

[See it here:](#)



Tribute by Wayne Schwass to Danny Frawley

An incredibly touching tribute by Wayne Schwass to Danny Frawley, this message has to be passed on! 

[See it here ...](#)



Healthy Habits for you Mind & Body

When: November 2, 2019 @ 5:45 pm – 8:00 pm

Where: The Private Sea Wellness Centre, 3 Satu Way, Mornington VIC 3931

Cost: \$32.74

Contact: The Mens Collective Mornington

[Event website](#)

When was the last time you were in an environment where you felt supported to be your complete self? (If you can even remember, you will realise it's not very often)

We are doing something about this.

On the 1st Saturday of every month, we're collaborating with the Private Sea Wellness Centre in Mornington to run your monthly Men's workshop. We offer practical skills and a community of men that come together to get the most out of themselves.

Each month we introduce new healthy habits that support you being the best version of yourself. This month we'll be exploring the area of yoga with Tony O'loughlin, who enjoys sharing yoga with other men because of its transformative nature that works on a physical, mental and energetic level.

Would you like to think clearer or have more energy?

The Mens Collective events aim to help you feel on top of your game, and think better about yourself and those around you.

[Read More ...](#)



The Komune Bali Retreat – the 22 movement (Bali)

When: November 6, 2019 @ 9:00 am – November 12, 2019 @ 6:00 pm

Where: Hotel Komune Resort, Jl. Pantai Keramas, Keramas, Kec. Blahbatuh, Kabupaten Gianyar,

Cost: \$1459 + flights

Contact: Mike Britton

[Event website](#)

The evolution Collective, The 22 Movement, Meditation For Men and MMM bring you a Very cool MEN'S retreat in Bali.

Our Why: We come together as men to connect, to create community, to share, to clarify purpose, to build resilience, to hang out with other men, to laugh, to adventure, to cleanse, refocus, let go, release, relax and invigorate.

When: Check in Wednesday 6th of November 2019 and check out on the 12th for 6 nights and 7 days

[Read More ...](#)



Manhood ~ Men's Gathering

When: November 8, 2019 @ 6:00 pm – November 10, 2019 @ 3:00 pm

Where: Camp Bornhoffen, 3510 Nerang Murwillumbah Rd, Natural Bridge QLD

Cost: \$330-\$415

Contact: Scott Grimmett 1300 13 88 50

[Event website](#)

Manhood Men's Gathering is a not-for-profit men's community event with facilitated workshops, groups, activities and social time. The theme this year is Explore Healthy Masculinity – where each Man is invited to define for himself what it means be a better man in today's world.

The culture is open, accepting, warm and non-judgemental. Every Man is welcome and can expect to learn and share equally. Come along and share your story and listen to the stories of other Men.

Deep respect is asked and given.

The gathering is held at beautiful Camp Bornhoffen, Numinbah Valley in the McPherson Ranges of the Gold Coast Hinterland. Retreat to mountain country, fresh air, a mountain stream with a waterfall, bonfires and spectacular views.

[Book Now](#)



Southern Men's Gathering

When: November 8, 2019 @ 6:00 pm – November 10, 2019 @ 3:00 pm

Where: Dzintari Latvian Camp, 111 Willson Dr, Yankalilla SA 5203

Cost: \$360

Contact: Juan Project Manager, Southern Men's Gathering 0414 190 040

[Email](#)

[Event website](#)

The Opportunity

The **Southern Men's Gathering** is a men's only event created to improve the emotional wellbeing of men.

The theme for our very first gathering is "Share the Journey" and as such, participants will share a beautiful weekend of connection, openness, authenticity, depth, support, respect and trust as they experience a range of different exercises and activities designed to allow them to explore their self-concept.

This event will run counter to the often narrow and repressive culture of traditional masculinity, where superficial conversation, competitiveness, disconnection and suppression of emotion tend to rule. Instead, you will connect deeply with other men, form support networks and community, and you will have the opportunity to develop your emotional literacy. What 'Share the Journey' can offer you is the opportunity – to recharge in nature, to connect with like-minded men, to sit in a space of stillness and safety, and to have some fun.

We invite you to join us in exploring your own unique expression of positive masculinity. We hope to see you there.

The Southern Men's Group is a voluntary organisation where men meet regularly to support one another to develop a healthy expression of their masculinity in the Fleurieu community.

SMG, in association with Tasmen and Henley Beach Mankind Project South Australia are now launching an annual gathering, the first of which is a 2-day residential experience in the heart of the beautiful Fleurieu Peninsula.

The theme of this experiential event is 'Share the Journey'. 'Share the Journey' explores the very essence of what we – as men, believe about ourselves; our beliefs are true; where our beliefs originate from and to challenge our beliefs to best serve us. So if you feel as if you've been put in a box or are confused about what you believe about yourself and others, then 'Share the Journey'.

This gathering is open to all men who wish to explore and potentially make sense of their own journey, their own beliefs or to just simply hang out with like-minded men. Our intention with this and future gatherings is to create a safe, fun environment to connect and empower men to face issues that may block their growth and

development and to add more useful strategies and behaviours to their lives.

[Book Now](#)



A Man's Journey (Bali)

When: November 10, 2019 @ 9:00 am – November 17, 2019 @ 12:00 pm

Where: Pondok Saraswati.no, Jl. A.A. Gede Rai No.70, Lodtunduh,
Kecamatan Ubud, Kabupaten Gianyar, Bali

Cost: \$1900 - \$2450

Contact: The MensWork Project Inc

[Event website](#)

An opportunity to explore the sources of life's experiences that have created the man you are, and what you choose to acknowledge or change.



West Australian Men's Gathering

When: November 15, 2019 @ 6:00 pm – November 17, 2019 @ 5:00 pm

Where: Point Walter Recreation Center, 1 Stock Rd, Bicton WA 6157

Cost: \$330-\$550

Contact: Stephen Battaglia 0406 487 206

[Email](#)

[Event Website](#)

In 2019 we celebrate the 25th anniversary of the West Australian Men's Gathering. The **WAMG** is the longest running gathering of its kind in Australia. Our theme this year is 'Contemporary Man'. Together we will explore authenticity, respect, sexuality and what this means to us as contemporary men.

This year we will have three price points. We have decided to introduce a 'double' ticket in addition to the Earlybird and standard single tickets. We would like to encourage men to bring along another man important to them. It could be anyone from a father to a best mate to a curious colleague. All men are welcome and we look forward to seeing you there.

The ticket price includes accommodation, all meals, activities and lots of good men to get talking to. Presenters will be announced in due course. We intend to email all participants regarding event times and details, and other important information approximately two weeks prior to the event.

[Book Now](#)



The Elders Way November 2019 (Bali)

When: November 20, 2019 @ 7:00 am – November 27, 2019 @ 10:00 pm

Where: Pondok Saraswati, Jl. A.A. Gede Rai, Loddunduh, Kecamatan Ubud, Kabupaten Gianyar, Bali 80571

Cost: \$1950

Contact: [The MensWork Project Inc](#)

[Event Website](#)

Designed for men aged 50 and over, this program is an opportunity for you to explore the potential of your last great journey in life. Far from being a place of placid 'retirement',

The Elders Way challenges you to claim and celebrate this magnificent period of your life as a precious gift and reward for your accomplishment and contribution to yourself and to others.

For more [information](#).



Everyman Men's Gathering ~ Yarra Valley Retreat

When: November 22, 2019 @ 6:00 pm – November 24, 2019 @ 2:00 pm

Where: Camp Eureka, 100 Tarrango Rd, Yarra Junction VIC 3797

Cost: \$40

Contact: Murray Goodchild 0405 455 744

[Event website](#)

“Everyman” this successful event is on again at Camp Eureka. Join us over three days to reconnect with yourself, others and nature.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other.

This will be the 4th Everyman Event in the Yarra Valley. Those who've attended previous gatherings know what a great opportunity these events are to meet and enjoy the company of other blokes who are up for being real, dropping the bravado and experiencing the gift of each other's presence.

What you can expect on this weekend is plenty of laughs, some great workshops (anyone is free to offer a workshop), music, heart sharing, new perspectives, plenty of time to relax and reflect without the distraction of technology. This is an opportunity to concentrate on yourself, as a man, without fear of judgement.

Everyman is:

- Drug and alcohol free
- Non-religious
- Welcoming of all: • Religion • Races • Gender identification • Culture
- Open to men 18 + (not suitable for children)
- Everyman is run under the auspices of Men's Wellbeing Inc.

The official start time is 6pm but camp will be open from 3pm if you wish to arrive earlier. Everyman is run under the auspices of Men's Wellbeing Inc.

[Book Now](#)



I'm Just A Man 3 | Men's Mental Health Awareness Gala

When: November 22, 2019 @ 6:30 pm – 10:30 pm

Where: The Park, 36 Lakeside Dr, Albert Park VIC 3206

Cost: \$230

Contact: Dr Jim Skivalidas

[Event Website](#)

OVER 2,600 MALES HAVE SUICIDED SINCE THE INAUGURAL

I'M JUST A MAN EVENT WAS HELD 22/11/17 ...

Suicide can be Prevented, find out how you can increase your awareness, get involved and reduce alarming suicide rates affecting all Australians TODAY!

The inaugural event and the I'm Just A Man 2 was a hit fundraising over 15K and raising much needed awareness for Men's mental health and male suicide. Thank you to you all for your love and support.

The 'I'm Just A Man' Gala Dinner gathering, raises awareness and funds for men's mental health on the night of Michael Hutchences' 22nd year anniversary since his passing.

There are many way you can become involved, buy one seat or an entire table or more!

We are looking for donations for our guests and interest from organisations and groups who wish to support us through sponsorship...

"I'm Just a Man", was inspired by Dr Jim Skivalidas when he lost his livelihood and then almost his life. So impacted by this moment, Dr Jim banded together with an impassioned and dedicated group of strangers to bring this event to life.

The objective to inspire others to join in a glittering night of recognition when we can raise our glasses and lift our minds to pay respect to all the men who have killed themselves or tried.

Time: 6.30-7pm champagne and canapes

Dress code:

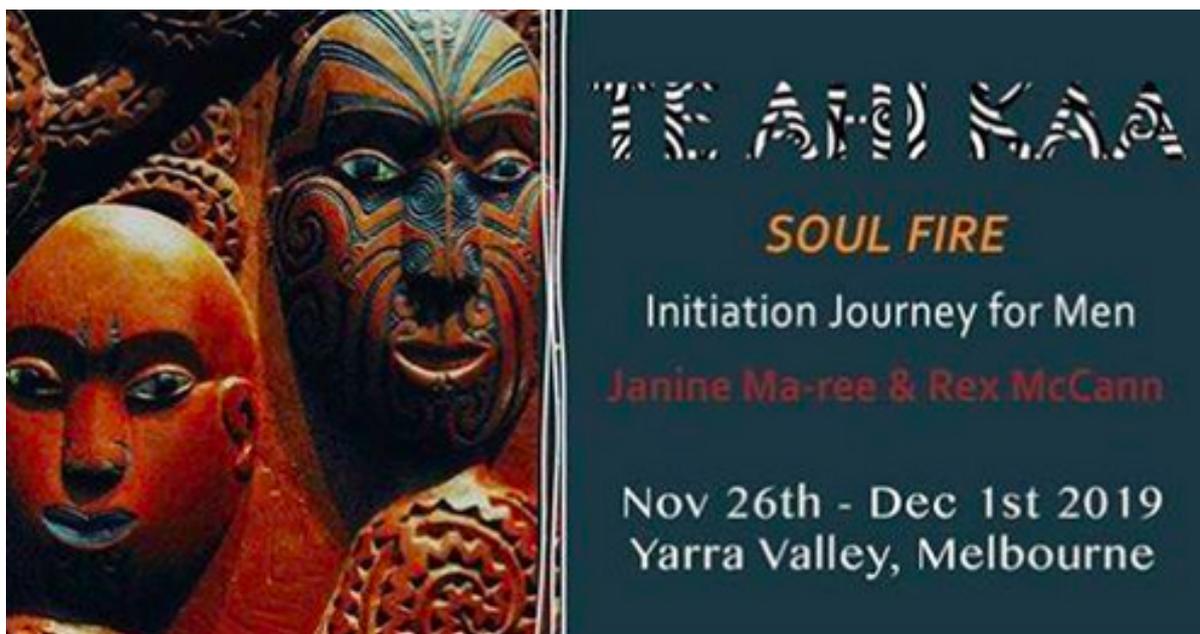
- **Men – formal suit and Rockstar/favourite band t-shirt.**
- **Women – Evening glamour**

Prices: Early bird pricing applies for limited time only,

- Standard Tickets are **\$230**

- Table 10 for **\$2100** includes: champagne, canapes, entree, main, dessert and premium drinks package.

All profits to be donated to [Beyondblue](#) and [Movember](#), as we are fundraising for both.



Initiation Journey for Men ~ Melbourne 2019

When: November 26, 2019 @ 12:00 pm – December 1, 2019 @ 3:00 pm

Where: Candlebark Farm, 531 Healesville - Koo Wee Rup Rd, Healesville VIC 3777

Cost: \$1750-\$1950

Contact: Sean O'Faolain 0435093088

[Email](#)

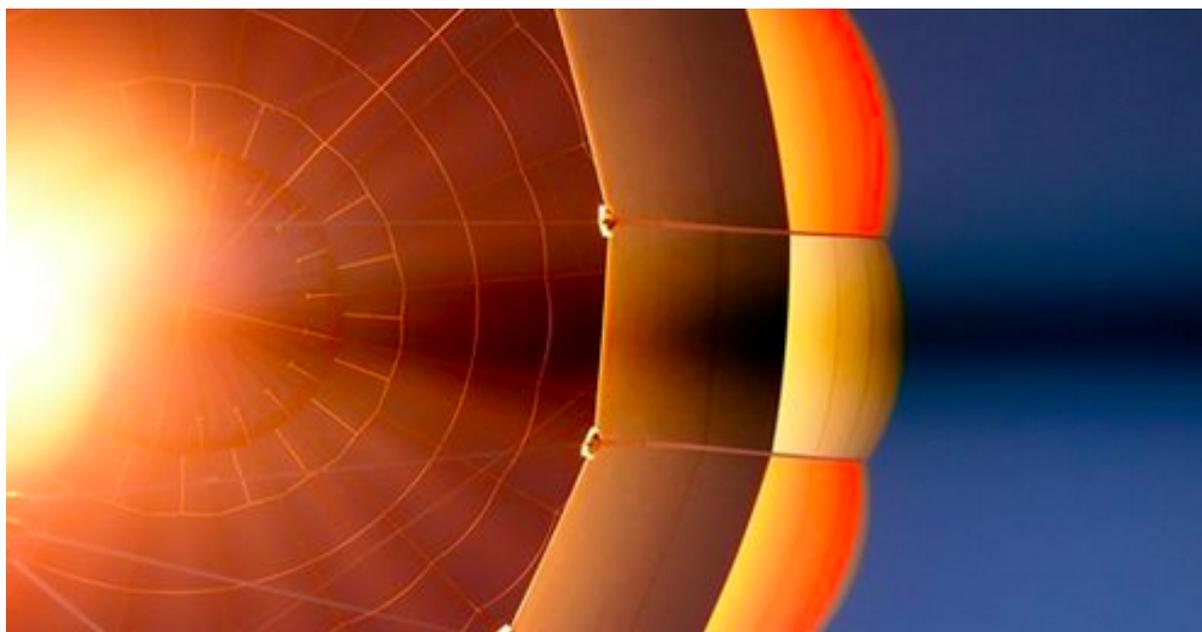
[Event website](#)

An initiated man ceases to look for his purpose – he recognises he himself AS purpose and he has learned how to vibrate this purpose into the world. And he no longer looks for love outside himself, knowing he IS love itself. An initiated man knows how to vibrate this wholeness with his brothers and sisters, has dropped competition, and places himself at the gates of LIFE and calls other men to stand with him.

He is initiated into the Feminine Mysteries as well as Masculine Presence. He can fly

with the eagles of perception, vision and clarity and bring the heights from cosmos, and he can descend to the fire of his dragon, the depths of embodiment and the dark light of his own soul.

[Read More ...](#)



Tremor Revolution 2019 ~ Brisbane

When: November 30, 2019 @ 10:30 am – December 1, 2019 @ 6:15 pm

Where: Lavalla Centre, 58 Fernberg Rd, Paddington QLD 4064

Cost: \$495-\$595

Contact: Fernando Henrique Rezende Aguiar and Richmond Heath

[Event Website](#)

This summer, Fernando and Richmond are meeting again to deliver another series of the Tremor Revolution workshops!

Engaging Spontaneous Movement through the Power of Rhythm, Relationship & Group Flow...

Are you ready for more than just TRE?

[An invitation from Richmond & Fernando](#)

“What excites me about these workshops is we move beyond the individual model of

TRE to harness the power of relationships & group flow grounded in the pulsation of our individual and collective organisms – the inbreath & the outbreath, the opening & the closing, the arousing & the relaxing, the moving & the stilling, the waking & the dreaming. When we anchor ourselves into these ‘Great Rhythms,’ we finally touch into True Freedom, and from that place, All of Life is worth Living.”

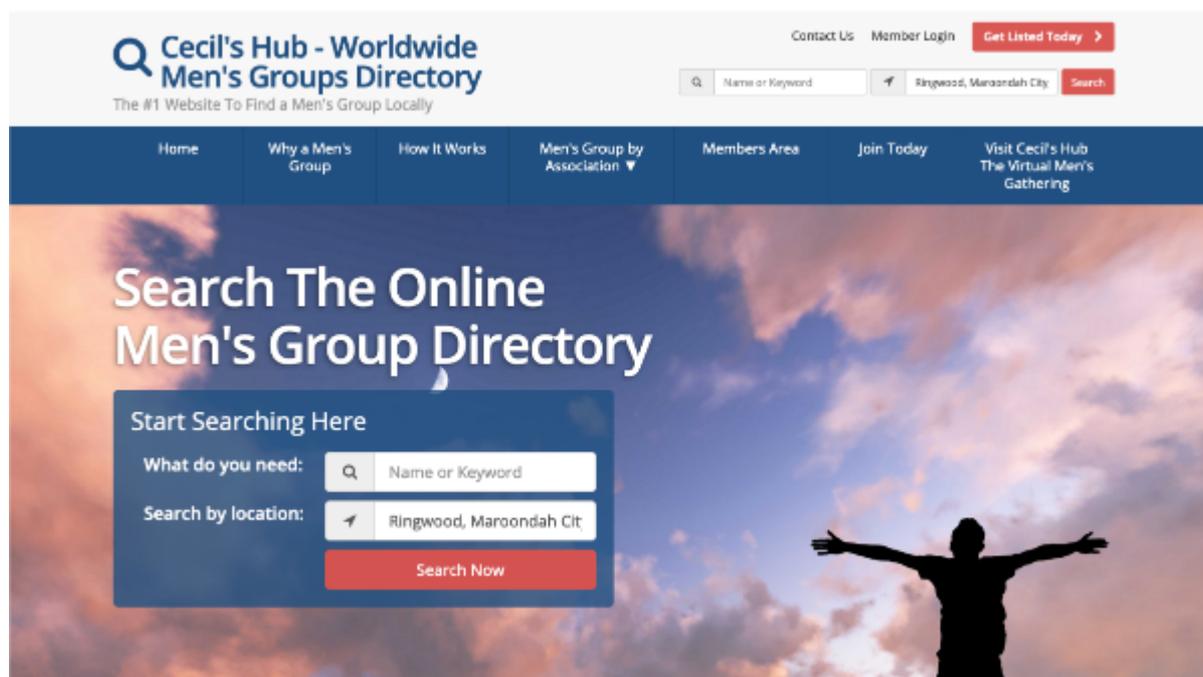
Richmond Heath

“Tremor Revolution continues evolving and revealing itself. As an organic, alive & dynamic Life Wisdom – Neurogenic Wisdom, it’s only limited by the boundaries of our own imaginations. Tremor Revolution is evolving beyond concepts, theories and beliefs to become the pure movement of energy & consciousness. This year’s workshops invite us on a journey of connecting deeper and more fully with ourselves and the World around us, allowing the Neurogenic Wisdom to move us beyond our narrow sense of what we think we are. It’s an honor to be part of this path and to share it with others. See you soon!”

Fernando Aguiar

[Book Now](#)

Regular Content



Cecil’s Hub ~ Worldwide Men’s Groups Directory

Did you know that my [Cecil's Hub ~ Men's Groups Worldwide Directory](#) is ready and available, please visit to see how this platform can help change Men's lives and connect them to Men's Groups on a regular basis.

The Directory (**over 400 Men's Groups already**) will initially cover **Australia** with Groups from **London, UK, Ireland, Canada, Singapore, and now North America**.

* Some of the Groups are under a '**Claims Listing**', this will enable existing Men's Groups that find their Group to 'Claim' it as their own as a '**FREE**' Basic Group or upgrade to a 'Paid' Plan & gain extra benefits/features.

What's Available?

The Directory will allow Men to search for their nearest Men's Group to their location **FREE** of charge!

It will enable any existing **Men's Groups Worldwide** to register a **FREE** to join and get a '**Basic**' listing, they get listed in seconds, this will give them a low priority '**GoogleMaps @ Pin**' search result, and this will be under 1 particular Association.

Some Men when searching for a **Men's Group**, have heard of a particular **Men's Group** type or Association. It's for this reason that I have created Categories for each of the Common ones to be used in the Search Bar, this will 'Auto-Fill' as the user types.

Currently, there are **13 Associations** that each **Men's Group** can be listed under, depending on their style of facilitation/origin that they follow.

These include:-

- **Australian Men's Shed Association**
- **Complete Men**
- **Canadian Men's Shed Association**
- **Individual Group**
- **Mankind Project (MKP) - Australia/UK/Canada**
- **Men's Wellbeing ~ Common Ground Trained**
- **Melbourne Men's Groups**
- **Menergy Men's Group Network**
- **MensSpeak Men's Groups (UK)**

- **Men's Team**
- **OM:NI (Older Men:New Ideas)**
- **The Male Journey Ltd**
- **UK/Ireland Men's Shed Association**

Please read the full version of the launch document [here](#).

Community FORUM – Rebirth



Date: November 5th 2019 @ 6:30 pm – 10:00 pm

Where: Second Story Studios, 222 Johnston St, Collingwood VIC 3066

Cost: Free - \$22

Contact: Gero and Stacia

[Email](#)

[Event website](#)

Community FORUM is a monthly space to connect and explore the possibilities of what it means to be human; alone and together.

Through the inspiration of community members and with support from The Art of Relating and Second Story Studios, Community Forum continues as monthly social events where humans can gather, be present, speak, express freely and be heard.

Each month (on the first Tuesday) we will begin with 20-30mins of interactive stimulus as a catalyst for the Forum (more information on the ZEGG Forum process in details below).

The stimulus may be a panel Q&A, video clip, poetry, presentation etc. along with the discussion.

- **6:30pm – 1st Arrival *, grab a cuppa, chat, connect**
- **6:50pm – Stimulus 7:20pm – Break & 2nd Arrival ***
- **7:30pm – Forum (including 10min break) 9:30pm – Harvest & monthly intention**
- **10pm – Close**

* There will be two arrival times. 1st between 6:30 & 6:50 pm when doors will close for the Stimulus 2nd at the break between 7:20 & 7:30 pm when doors will be locked for the evening.

[Read More...](#)

MR.

PERFECT®

MENTAL HEALTH'S MATE

Free BBQ's at various locations by Mr Perfect

- [Barton, Canberra, ACT/](#)
- [Benalla, Victoria](#)
- [Brisbane](#)
- [Caboolture, Sunshine Coast](#)
- [Castle Hill, NSW](#)
- [Central Coast](#)
- [Central Sydney, Newlands Park](#)
- [Cronulla, Sydney](#)
- [Echuca, Vic](#)

- [Ferntree Gully](#)
- [Geelong, VIC](#)
- [Gungahlin, Canberra, ACT](#)
- [Parramatta, Western Sydney, NSW](#)
- [Warners Bay, Newcastle, NSW](#)
- [Windsor, NW Sydney](#)
- [Wollstonecraft Sydney](#)

Mr Perfect holds **FREE** weekly “Meetup” BBQs in various locations across Australia.

They normally run from **10:30 - 12:30**, **please check the individual BBQ for exact details.**

If you are free for a couple of hours for a healthy BBQ (Meat and Vegetarian) come along and meet a bunch of top guys.

We will supply soft drink and water, but please bring your own preference if you wish.

The format is simple, informal and completely inclusive. It is a chance to get out of the house in the sun, socialise and meet some great people and form a supportive community.

Friends, family and pets welcome too!

Mental health is discussed at times and is purely optional.

Please contact Mr Perfect on **0406 641984** or [Email](#) or [Website](#)

Yearly Men's Gatherings

What is a Men's Gathering?

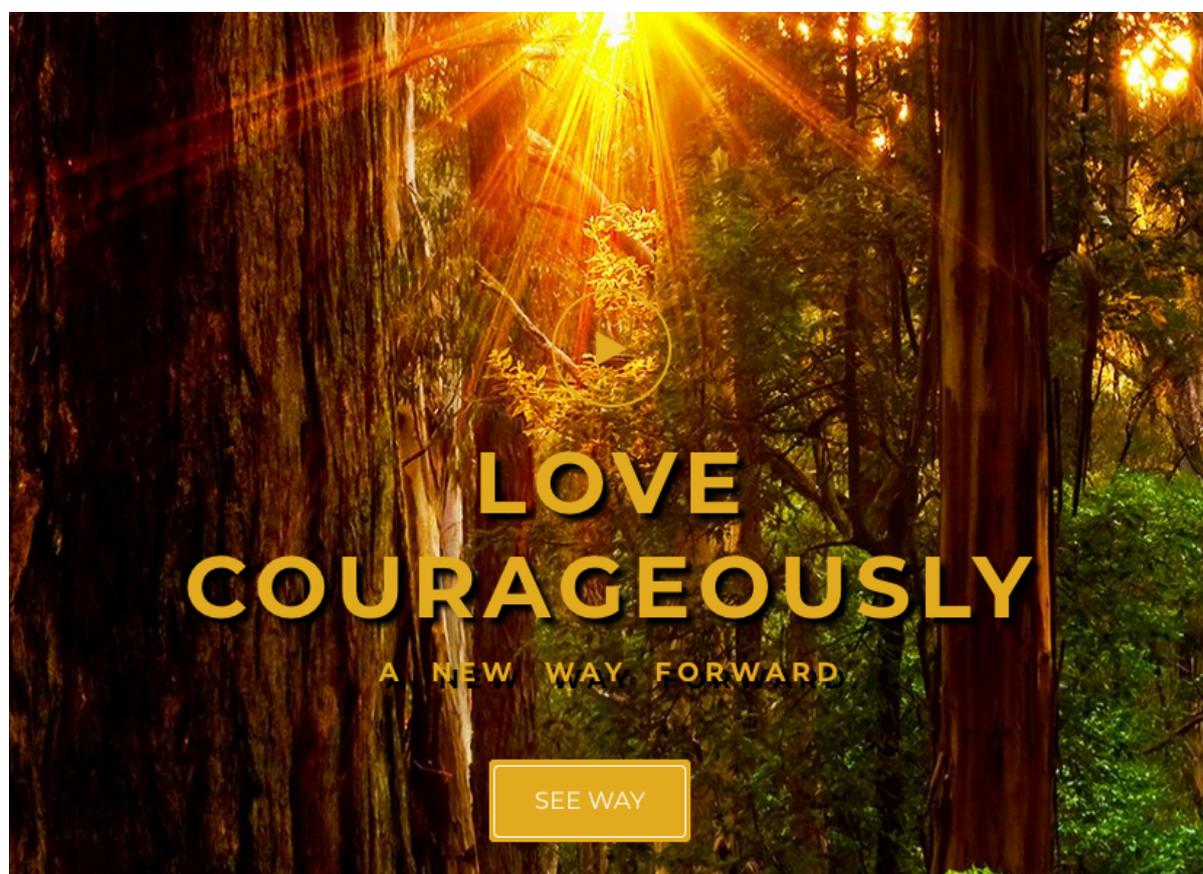
A Men’s Gathering is where you can connect with other Men, from all backgrounds, religions, political and sexual persuasions. These gatherings offer a safe, non-judgemental, supportive space where men can explore the connections, modalities, challenges and exercises that facilitate real and lasting change. They all offer high-quality workshops from varied Modalities, that you are free to take part in as many or

few as you wish.

This is your time, to use as you wish but hey, why not take advantage of the experience?

There are currently **8 Yearly Men's Gatherings** as part of Open Ground training per year in Australia, plus others that are not part of the Common Ground training, and one in New Zealand.

March



Island of Men

Four per year, March, July and November, ?

Island of Men (IOM) is a 1-day event dedicated to helping men find a deeper connection with self, community and nature. We are excited to announce that this event will be unlike any island before. We have an incredible new location, new

facilitators and a brand new program.

We are excited to announce that this event will be unlike any Island before. We have an incredible new location, new facilitators and a brand new program.

IOM is a unique experience that provides something different for each individual.

For some men, it is a welcome reprieve from the pressures of life, a lifting of the weight of expectation that has been placed on them by work, family and society.

For others, it is a place to realise and release limiting stories, unhealthy relationships & behaviours that no longer serve.

(From IOM <https://islandofmen.site123.me/>)



TasMen

March 2020

We have been crafting our three day gatherings for 21 years. We create a mixture, of drama, experience, workshops, small group work, laughter, fun and friendship, to help you make the next step in your journey.

Why? It benefits you, your family, friends and workmates. It's a rare opportunity, make the decision,

(From <https://tasmen.org.au/tasmanian-mens-gathering/>)

May



Manshine

1st - 4th May 2020

Manshine 2019 is a Journey into the Heart – an opportunity for men feeling fragmented or isolated to connect with their true essence and move to a greater integration. Maybe you feel as though you are just drifting in life or asleep at the wheel or life may be great.

Manshine provides opportunities for all men to enhance your life and your relationships. At Mens Wellbeing we pride ourselves on supporting men through whatever they are going through, whether they are flourishing and looking to enrich their lives or they have hit a crisis and are reaching out for help.

Manshine allows men of all ages and walks of life to connect with an inclusive, tolerant and confidential environment. Feel what it is to be part of a solid and open

community of men. Share with other men what it means to be a man navigating manhood in the world today. Be yourself, open your heart and participate in workshops where you can share the good, the bad and the ugly. Manshine is a place for self-reflection, growth, fun and laughter. (from [Manshine.org.au](https://manshine.org.au))



EveryMan Men's Gathering

Twice per year, May and November

When: Friday 22nd November 6pm – Sunday 24th November 2pm, 2019.

Where: Camp Eureka 100 Tarrango Rd Yarra Junction, Vic 3797 Australia

“Everyman” this successful event is on again at Camp Eureka.

Join us over three days to reconnect with yourself, others and nature.

The intention for Everyman Gatherings is to co-create a space where men, having the desire to share themselves deeply and authentically, can connect, support and challenge one another towards greater self-empowerment, intention, self-

awareness and self-responsibility, whilst nurturing deeper respect and connection to nature and each other.

This will be the 4th Everyman Event in the Yarra Valley. Those who've attended previous gatherings know what a great opportunity these events are to meet and enjoy the company of other blokes who are up for being real, dropping the bravado and experiencing the gift of each other's presence.

What you can expect on this weekend is plenty of laughs, some great workshops (anyone is free to offer a workshop), music, heart sharing, new perspectives, plenty of time to relax and reflect without the distraction of technology. This is an opportunity to concentrate on yourself, as a man, without fear of judgement.

Everyman is:

- Drug and alcohol free
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- Welcoming of all:
 - Religion
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 - Culture
- Open to men 18 + (not suitable for children)
- Everyman is run under the auspices of Men's Wellbeing Inc.

The official start time is 6pm but camp will be open from 3pm if you wish to arrive earlier.

June



Sydney National Men's Gathering

'Un-Becoming'

From birth, most of us are moulded and groomed to be as others want us to be. We are groomed by parents, grandparents, siblings, teachers, principals, priests, partners and others. They want us to be successful, clever, safe and to honour those who invest in us, setting up our energetic debt (this support sometimes manifesting as 'abuse'). (From <https://nswmen.org.au/mens-gathering>)

August



Essentially Men

Get more out of life

Whether your life is working well or you have some things to sort out, you will find that attending an Essentially Men workshop will provide you with powerful resources for your journey of personal discovery and growth.

Renewal, change, understanding...freedom

Thousands of men from all over New Zealand and all walks of life have found this outstanding programme a powerful catalyst for renewal and change.

So will you. You will build trust and feel safe. You will get a deeper understanding of yourself and will leave with the freedom to be the authentic you. These are not just talking workshops – they are potent experiences that will wake you up, give you skills, and change your life.

Men Being Real – Deep healing and inner authority

When men come together in a group with the agreement to take a journey deeper into themselves it becomes safe to let down our guards. We can drop beneath the surface of feelings in a way not normally allowed for men. We can attend to the healing of memories to do with fathers, mothers and others, which affect the way we relate in our present lives. We can understand the roots of anger and depression and connect with our inner authority.

(from <http://www.essentiallymen.net/>)

September



13th - 16th September 2019

Bedrock is a smaller, more intimate Men's Wellbeing gathering held annually at The Rock, limited to just 50 men. Sponsored by our Elders, the weekend flows with ease and grace by being less structured than our larger gatherings.

This also means more opportunities to connect at a deeper level to the land, to the gathered community, and to ourselves.

This year Bedrock will be structured as a 3-day event with the Opening Ceremony 9AM Saturday morning and closing after midday lunch on Monday.

We understand that some men may not be able to stay three days, but we strongly encourage you to make that commitment.

Each morning there will be an all-in Circle. In the afternoon there will be no more than three workshops which will have an organic flavour with topics arising from the morning session. There will be a Saturday night Heart Circle and a Sunday night celebration Concert.

October



Menergy

10th Oct 2019 - 13th Oct 2019

Menergy is the Victorian arm of a national not-for-profit organisation Mens Wellbeing that has been providing men's events and men's support groups for over 20 years.

Menergy is an all-inclusive 3 day Men's Gathering wilderness retreat that provides workshops and ritual around celebrating masculinity and helps men discover more of themselves in a nurturing, supported and trusted way. The detailed program we run has been developed for over 15 years and has seen thousands of men grow and learn through this process.

At the heart of a Menergy weekend is the opportunity to attend and partake in many of the myriads of workshops that are focused on Men's health and wellbeing. These workshops help men to be empowered in our masculinity through vulnerability, support, and a greater understanding of trusting ourselves and our unique gifts as men. (from Menergy.org.au)



Man Alive

25th - 27th October 2109

MAN ALIVE men's gathering is a weekend away just for men - all men. Away from work, family and social commitments you can spend your time being instead of doing. MAN ALIVE open to all men from any background, religious, political or sexual persuasion. We encourage men to be real with themselves and others in a supportive and non-judgemental environment.

You can expect a warm welcome and plentiful conversation and laughter, with many opportunities to get to know yourself and others in a strongly grounded space of respect, growth and trust. We run our gatherings based on the concept of Open Space - where you can offer to host a session, ask for a specific session to be run, or participate where you are called to. This gives us the chance to co-create an agenda for the weekend that suits where we are all at. We also have components of ceremony and home groups, which support us to connect as a whole community and make sense of what we are learning together.

MAN ALIVE is all about choice. You choose what you want to do - be it hosting or attending a session, relaxing, taking quiet time for personal reflection or spending time making new friends. It's totally up to you.

(from <https://manalivenet.weebly.com/>)

November



Manhood

8th Nov 2019 - 10th Nov 2019

Manhood Men's Gathering is a not-for-profit men's community event with facilitated workshops, groups, activities and social time. The theme this year is Explore Healthy Masculinity – where each man is invited to define for himself what it means be a better man in today's world.

The culture is open, accepting, warm and non-judgemental. Every man is welcome and can expect to learn and share equally. Come along and share your story and listen to the stories of other men. Deep respect is asked and given.

The gathering is held at beautiful Camp Bornhoffen, Numinbah Valley in the McPherson Ranges of the Gold Coast Hinterland. Retreat to mountain country, fresh air, a mountain stream with a waterfall, bonfires and spectacular views. (from ManHood.org.au)



Southern Men's Gathering

When: November 8, 2019 @ 6:00 pm – November 10, 2019 @ 3:00 pm

Where: Dzintari Latvian Camp, 111 Willson Dr, Yankalilla SA 5203

Cost: \$360

Contact: Juan Project Manager, Southern Men's Gathering 0414 190 040

[Email](#)

[Event website](#)

The Opportunity

The **Southern Men's Gathering** is a men's only event created to improve the emotional wellbeing of men.

The theme for our very first gathering is "Share the Journey" and as such, participants will share a beautiful weekend of connection, openness, authenticity, depth, support, respect and trust as they experience a range of different exercises and activities designed to allow them to explore their self-concept.

This event will run counter to the often narrow and repressive culture of traditional masculinity, where superficial conversation, competitiveness, disconnection and suppression of emotion tend to rule. Instead, you will connect deeply with other men, form support networks and community, and you will have the opportunity to develop your emotional literacy. What 'Share the Journey' can offer you is the opportunity – to recharge in nature, to connect with like-minded men, to sit in a space of stillness and safety, and to have some fun.

We invite you to join us in exploring your own unique expression of positive masculinity. We hope to see you there.

The Southern Men's Group is a voluntary organisation where men meet regularly to support one another to develop a healthy expression of their masculinity in the Fleurieu community.

SMG, in association with Tasmen and Henley Beach Mankind Project South Australia are now launching an annual gathering, the first of which is a 2-day residential experience in the heart of the beautiful Fleurieu Peninsula.

The theme of this experiential event is 'Share the Journey'. 'Share the Journey' explores the very essence of what we – as men, believe about ourselves; our beliefs are true; where our beliefs originate from and to challenge our beliefs to best serve us. So if you feel as if you've been put in a box or are confused about what you believe about yourself and others, then 'Share the Journey'.

This gathering is open to all men who wish to explore and potentially make sense of their own journey, their own beliefs or to just simply hang out with like-minded men. Our intention with this and future gatherings is to create a safe, fun environment to connect and empower men to face issues that may block their growth and development and to add more useful strategies and behaviours to their lives.



West Australian Men's Gathering

15th November - 17th. November

In 2019 we celebrate the 25th anniversary of the West Australian Men's Gathering. The WAMG is the longest running gathering of its kind in Australia.

Our theme this year is 'Contemporary Man'. Together we will explore authenticity, respect, sexuality and what this means to us as contemporary men.

This year we will have three price points. We have decided to introduce a 'double' ticket in addition to the Earlybird and standard single tickets. We would like to encourage men to bring along another man important to them. It could be anyone from a father to a best mate to a curious colleague. All men are welcome and we look forward to seeing you there.

The ticket price includes accommodation, all meals, activities and lots of good men to get talking to. Presenters will be announced in due course. We intend to email all participants regarding event times and details, and other important information approximately two weeks prior to the event. (from <https://www.wamensgathering.org.au>)

Thanks for your time in reading this update, please visit my [Cecil's Hub ~ Worldwide Men's Group Directory](#), and [Cecil's Hub ~ The Virtual Men's Gathering](#) and share it with your Networks and encourage all Men and Men's Groups to get involved.

Thanks,

Cecil

E&OA



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